

Eligible Medical Expenses

Birth control pills	Hearing care	Orthotics
Chiropractic therapy	Hospitalization costs	Physical exams for adults and children
Contact lenses	Hypnosis for treatment of an illness	Physical therapy
Co-pays	Immunizations	Physician services
Crutches	Individual therapy	Prescription drugs
Deductibles	Laboratory fees	Psychoanalysis and mental health therapy
Dental care	Lasik eye surgery	Vision care
Diabetic Supplies	Massage therapy	Weight loss programs when specifically recommended by a physician to treat obesity or another medical condition
Eye exams & Glasses	Non-prescription drugs used to treat a current medical condition	Wheelchairs
Group therapy	Orthodontia	
Hearing aids & batteries		

Eligible Over-the-Counter Items (not limited to)

Antiseptics

Adhesive or elastic bandages
Antiseptic wash/ointment for cuts
Benzocaine swabs
First aid wipes
Iodine tincture
Rubbing alcohol

Asthma Medications

Bronchodilator/Expectorant tablets
Bronchial asthma inhalers

Birth Control

Female & male condoms

Cold, Flu and Allergy Medications

Allergy medications
Cold relief syrup
Cold relief tablets
Cough drops
Nasal decongestant inhaler
Nasal decongestant spray or drops
Sinus & allergy nasal spray

Diabetes

Diabetic supplies

Ear/Eye Care

Airplane ear protections
Contact lens solutions
Ear wax removal drugs
Glasses/repair
Visine

Health Aids

Antifungal treatments
Denture adhesives
Diuretics and water pills
Lice control
Sleeping aids

Pain Relief

Arthritis pain reliever
Bunion and blister treatments
Orajel
Pain relievers – aspirin and non-aspirin
Throat pain medications

Personal Test Kits

Blood pressure kit
Cholesterol tests
Colorectal cancer screening tests
Home drug tests
Ovulation indicators
Pregnancy tests

Skin Care

Calamine lotion
Cold sore/fever blister medications
Diaper rash ointment
Eczema cream
Medicated bath products
Sunblock, SPF 30 or higher
Wart removal medications

Stomach Care

Acid reducers
Anti-diarrhea medications
Laxatives
Prilosec
Upset stomach medications

Eligible Dependent Care Expenses

Child care (at daycare center, day camp, nursery school or by a private sitter)
Late pick-up fees (from a caregiver)
Before and after-school care (must be billed separate from tuition expenses)

Adult daycare expenses
Expenses for a housekeeper whose duties include caring for an eligible dependent
Placement fee expenses for hiring an au pair, as well as his/her weekly stipend

Ineligible Expenses Include:

Education and tuition fees
Late payment fees
Overnight camps (in general)
Sports lessons, field trips, clothing
Your cost of transportation to and from a dependent care provider

Ineligible Medical Expenses

Aromatherapy	Chapstick	Hair re-growth systems	Teeth bleaching
Couples/Family Therapy	Deodorants	Insurance Premiums	Tooth brush/paste
Cosmetic Surgery	Feminine Care	Skin care	Weight loss programs for general well-being